

# INTERNATIONAL SENSORY ART EXHIBITION

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**27TH-28TH MARCH 2025**

**SOFIA CITY LIBRARY**



**Bulgaria**

**Ireland**



**Norway**

**Türkiye**



The International Sensory Art Exhibition is implemented under the project "SENSES: Sensory Art as a Tool for Empowering Young People with Sensory Disabilities", co-funded by the European Union under the Erasmus+ program.

# WHAT IS THE SENSES PROJECT?



**The SENSES Project supports young people with sensory impairments, using arts and creativity as tools for promoting self-expression, as well as reduce stigma, and increase wellbeing. A key objective of the project is to create real opportunities for people with sensory disabilities through inclusive workshops and exhibitions.**



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# WHAT IS THE SENSES LABEL?

The other main objective of the project is to promote accessibility in youth centres and organisations across Europe working with arts and culture for supporting the participation of people with sensory disabilities through a certification “Senses Label”.



Do you want to demonstrate your commitment to inclusivity?

***Apply for the SENSES Label today!***



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# THE SENSES ONLINE COURSE

Have you heard about our online course on sensory art practices? It's designed to empower youth workers across Europe to understand and overcome the barriers faced by young people with sensory disabilities. Get inspired by real-world examples and activities you can replicate in your work right away.



**Make your organisation  
more inclusive and  
accessible!**

**Scan me**



***Check out the online course today!***

# MEET THE ARTISTS

**Name:** Ulrik Nikolai Halden

**Age:** 19

**Country:** Norway



I am excited to meet other people, to get new experience, to discover other talents in myself. For me this exhibition is an opportunity to “find myself”.

I am curious and active! I like to perform, and go to the theater. My hobby is horse riding. Recently I have started to practice neurographics.

I want to share my positive energy through my art. Through my painting of the Northern Lights, I show my country's nature. In my artwork “Me & Mom”, I transfer a deep connection with my mother and me.



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# MEET THE ARTISTS

**Name: Lissi Løver Myklebust**

**Age: 20**

**Country: Norway**



**I am really looking forward to the trip. I want to learn things about art and meet other people.**

**I like to play games, go for a walk and find friends. I also enjoy singing and dancing. I am a funny person.**

**Through the happy and bright colors I want to show that I am a happy person. I also want to share a cuddly feeling and my creativity.**



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# MEET THE ARTISTS

**Name:** Georgi

**Age:** 25

**Country:** Bulgaria



I like to play PlayStation. I watch different videos and go outside with friends.

From participating in this project, I learned to paint with acrylic paints and combine different colors to make the drawing I wanted.

I called my art work "The Three Kittens". I wanted to show that in drawings, pictures can "come to life" with different colors and see things in a more interesting way.



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# MEET THE ARTISTS

**Name:** Hristina

**Age:** 18

**Country:** Bulgaria

Most of all, I love fixing cars, that's how I help my dad. I like to travel and participate in different projects.



From participating in this project, I learned how to paint on glass and work with moss, which taught me patience and consistency in performing different techniques.



My art works are called “Ethereal Woman”, “Among the Sunflowers” and “Sunset”. I wanted to show that colours bring warmth and joy.



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# MEET THE ARTISTS

**Name: Ronaldo**

**Age: 19**

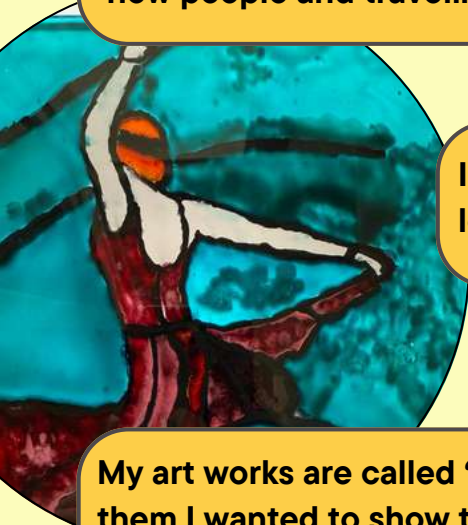
**Country: Bulgaria**

**I really love to cook and read interesting books. I enjoy meeting new people and traveling.**



**I wanted to join this project to learn some new art techniques.**

**My art works are called “Tree of Life” and “Flamenco”. With them I wanted to show that there are different colours and cultures in life.**



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# MEET THE ARTISTS

**Name: Rebecca Ryan**

**Age: 19**

**Country: Ireland**



I've always loved art as it lets me explore the world from new perspectives. While I've always been creative, I didn't create my own works until recently. I've now regained my love for creating my own art, as I want to help others see the world from my perspective.



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# MEET THE ARTISTS

**Name:** Olivia Shanhan

**Age:** 28

**Country:** Ireland

I am a special needs artist. My art makes me happy, even though it might not be perfect. I want to spread positive energy and show the **ABILITY** in disability.

My art is very inspired by my special interests; table top games, video games, animals and comics.



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# MEET THE ARTISTS

**Name: Anna Brennan**

**Age: 20**

**Country: Ireland**

**Art helps me relax. I love animals, nature and I am a big fan of Disney too. These interests inspire my art!**



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# MEET THE ARTISTS

**Name:** Aslı

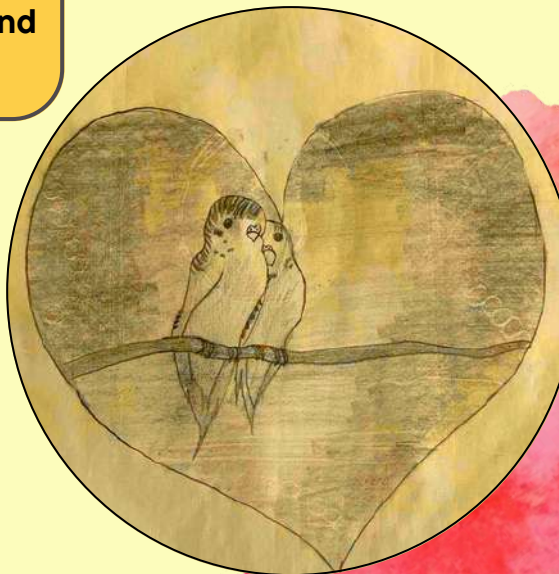
**Age:** 26

**Country:** Türkiye



I like drawing and painting. I had the opportunity to share my drawings with my friends and educators. I also learnt how I can get involved in social art activities and how to participate in this kind of projects and other activities.

My art work is called “The Birds Are Happy When Together”. I wanted to express that all living things, including people, need someone. We need to support and help each other in life.



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# MEET THE ARTISTS

**Name: Emre**

**Age: 25**

**Country: Türkiye**



I like drawing musical instruments and different objects with more brightness. I developed my art skills in this project. I also had good time with my friends and educator.

My art work is called “Just Brighter Than We Know”. I wanted to express that there are many things in the world which has much more positive aspects than we think.



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# MEET THE ARTISTS

**Name: Orkun Kaan**

**Age: 20**

**Country: Türkiye**



**I like drawing animals and people. I had the opportunity to share my feelings with my friends and I learnt how to draw and paint with mixed acrylic colours better.**

**My art work is called “There are many worlds”. I wanted to express that animals just like people, have their own free lives and worlds to be respected.**



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# MEET THE ORGANISERS



The association "Here and Now Bulgaria" aims to develop activities for young people and youth workers, providing them with the opportunity to be active in their communities, to learn new skills and competences in order to improve their personal and professional development.

**Learn more and follow us!**  
**@hereandnowbulgaria**



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# MEET THE ORGANISERS



Creatorium



**Creatorium is dedicated to empowering our members to create positive change through international project activities. Our platform provides a space for individuals and organizations to collaborate on projects that align with their interests and ambitions, with a focus on promoting sustainability, innovation, and social impact.**

**Learn more at [creatorium.no](https://creatorium.no)**

**Follow us @[creatoriuminternational](https://twitter.com/creatoriuminternational)**



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# MEET THE ORGANISERS



**Bozyazı Culture Art and Music Association was established in 2014. We organise & develop visual and performing arts, literature and digital media workshops using art-based and digital tools to support education programs in our locality. We arrange events and exhibitions designed to nurture, to encourage and explore the creative spirit of the people from all ages and abilities.**

**Learn more at [bozyazisanat.org](http://bozyazisanat.org)  
Follow us @bozyazisanat**



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# MEET THE ORGANISERS



## ***Making a Difference through Creativity***

**We are a social enterprise based in Ireland. Our mission is to promote social change through arts and creativity. We believe in creativity as a tool to give voice to the voiceless, create more inclusive communities, fight for the planet and our natural resources, and promote democratic values.**

**Learn more at [arteteka.com](https://arteteka.com)  
Follow us [@arteteka.ireland](https://www.instagram.com/arteteka.ireland)**



# LEARN MORE



## ABOUT THE PROJECT

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